

One Day Capacity Building & Personality Development Programme

Sponsored by
**National Commission for Women
(NCW), New Delhi**



25-04-2023 (Tuesday)



9:30 AM to 4:00 PM



SU Auditorium

Organized by
Internal Quality Assurance Cell

SANGAM UNIVERSITY, BHILWARA

NH-79, Bhilwara Chittor By-Pass, Bhilwara, Rajasthan, India





CHIEF PATRON

Shri Rampal Soni

Chairman, Sangam Group

PATRONS

Shri Anurag Soni

Member, Board of Management, Sangam Group

Prof. Karunesh Saxena

Vice Chancellor, Sangam University

Prof. Rajeev Mehta

Registrar, Sangam University

ORGANIZING COMMITTEE

CONVENER

Prof. Preeti Mehta

Director IQAC, Dean SOBAS, Sangam University

COORDINATORS

Dr. Seema Kabra

Asst. Dean & Associate Professor, SOBAS

Dr. Kirti Jha

Assistant Professor, SOLS

Dr. Tanuja Singh

Assistant Professor, SOMS

Dr. Shweta Bohra

Associate Professor, SOBAS

Dr. Deepika Soni

Assistant Professor, SOET-CSE

Dr. Priyanka Pandey

Assistant Professor, SOET-CE

Dr. Aastha Khatri

Assistant Professor, SOAST

Ms. Poonam Chouhan

Assistant Professor, SOAH

Ms. Neha Bhandari

Assistant Professor, SOMS

Ms. Karuna Laddha

Assistant Professor, SOBAS

Ms. Aditi Tulchhia

Assistant Professor, SOET-CSE

Ms Neha Sabarwal

Assistant Professor, SOMS

Ms. Megha Vyas

Assitant, IQAC

National Commission for Women (NCW)



The National Commission for Women was set up as statutory body in January 1992 under the National Commission for Women Act, 1990 (Act No.20 of 1990 of Govt. of India) to review the Constitutional and legal safeguards for women; recommend remedial legislative measures, facilitate redressal of grievances and advise the Government on all policy matters affecting women



Mission – Women



To strive towards enabling women to achieve equality and equal participation in all spheres of life by securing her due rights and entitlements through suitable policy formulation, legislative measures, effective enforcement of laws, implementation of schemes/policies and devising strategies for solution of specific problems/situations arising out of discrimination and atrocities against women.

Vision



The Indian Woman, secure in her home and outside, fully empowered to access all her rights and entitlements, with opportunity to contribute equally in all walks of life.



Sangam University

Sangam University has been established in the year 2012, with state-of-the-art infrastructure and facilities, by Badrilal Soni Charitable trust and promoted by Sangam Group of Industries with the mission to make world class higher education affordable and accessible to all sections of society. The vision of our University is to become a center of excellence for holistic development and global education by cultivating and nurturing young minds to transform into global leaders of the future. The University tries to provide a professional environment along with imbibing a sense of moral and human values. SU is committed to bring forth an educational milieu which is tuned to the needs of global markets.

Sangam is a student-centered university that empowers each individual to succeed. SU offer an accessible, nurturing and student-focused educational experience to those who want to move ahead steadily towards personal or professional growth. Our diverse faculty maintains good association with students, mentoring them throughout their entire educational journey. SU is a comprehensive University of learning - dedicated to the internal and professional growth of our students.





Capacity Building and Personality Development Programme

Objective

The NEP 2020 advocates development of 21st-Century Skills in Students which includes Critical thinking, Creativity, Collaboration, Communication, Information literacy, Media literacy, Technological literacy, Leadership, Initiative, Productivity, Social, Flexibility.

Training Module

Training Modules are divided into three parts :



**Personal
Capacity Building**



**Professional-
Career Skills**



**Digital Literacy & Effective
use of Social Media**

Expected Outcomes

By the end of the training program, the students will be able to develop:

- ▶ Student will be able to understand, analyze, develop and exhibit an accurate sense of self.
- ▶ Students will be able to think critically, demonstrate knowledge of personal beliefs and values and a commitment to continuing personal reflection and reassessment.
- ▶ They will be able to craft an impactful resume.
- ▶ Students will be able to carry themselves confidently and smartly.
- ▶ Students will be able to communicate through a variety of digital devices and applications.
- ▶ Able to understand how the internet and the World Wide Web work and can use them for communication and collaboration.
- ▶ To protect themselves and others from possible online dangers (e.g. cyber bullying) by following appropriate privacy and confidentiality procedures.
- ▶ Students will be able to understand the ethical / legal issues surrounding the access and use of digital media, including copyright, ownership, licensing and use of proprietary content or software.

RESOURCE PERSONS



Prof. Preeti Mehta

Director IQAC, Dean SOBAS
Sangam University

Overview of Workshop

21st Century Skill :
The NEP 2020 Perspective



Prof. Karunesh Saxena

Vice Chancellor/ President
Sangam University, Bhilwara

Managing Time & Stress:

The Feminine Perspective



Prof. Seema Malik

Former Dean UCSSH,
Former Dean P.G. Studies
MLSU, Udaipur

Personal Capacity Building

Through Gender Sensitization
and Empowerment



Dr. Kirti Jha

Assistant Professor
SOLS, Sangam University

**Effective
Communication Skills**



Ms. Palak Modani

Digital Marketing Manager
Sangam Group

**Digital Literacy and
Effective use of Social Media**



Dr. Anurag Sharma

Head, Training & Placement
Sangam University

Professional Career Skills



SCHEDULE

9:30 AM – 10:00 AM	Inaugural Session
	Overview of Workshop Prof. Preeti Mehta, Director IQAC 21st Century Skill : The NEP 2020 Perspective
	Technical Session
10:00 AM – 10:45 AM	Managing Time & Stress: The Feminine Perspective Prof. Karunesh Saxena
10:45 AM – 11:30 AM	Personal Capacity Building through Gender sensitization and Empowerment Prof. Seema Malik
11:30 AM – 11:45 AM	Tea Break
11:45 AM – 12:30 PM	Effective Communication Skills Dr. Kirti Jha
12:30 PM – 1:30 PM	Professional Career Skills Dr. Anurag Sharma
1:30 PM – 2:30 PM	Lunch
2:30 PM – 4:00 PM	Digital Literacy and Effective use of Social Media Ms. Palak Modani
4:00 PM – 4:30 PM	Valedictory

***No Registration Fee**

Registration Link: <https://forms.gle/a8M9AUvxn7hPqzjs6>